

# ANE Exam

Name \_\_\_\_\_ Date \_\_\_\_\_

**What is abuse?**

**Abuse is a physical, sexual, verbal or emotional injury to a person or failure to prevent such injury.**

**What is neglect?**

**Neglect of a person is the failure to provide a person with the necessities they need or failure to provide proper attention to a person.**

**What is exploitation?**

**Exploitation is misusing the resources of a person for personal or monetary benefit.**

1. \_\_\_\_\_ is an act or failure to act performed knowingly, recklessly, or intentionally, including incitement to act, that caused or may have caused physical injury or death to an individual receiving services; an act of inappropriate or excessive force or corporal punishment, regardless of whether the act results in a physical injury to an individual receiving services; the use of chemical or bodily restraints or seclusion on an individual receiving services not in compliance with federal and state laws, and regulations.

a. Verbal/emotional abuse

b. Physical abuse

c. Sexual abuse

d. Neglect

e. Exploitation

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2. \_\_\_\_\_ is the willful infliction of an act(s) of verbal or other communication, including gestures, to harass, intimidate, humiliate or degrade an individual receiving services; or threats of physical or emotional harm against an individual receiving services, resulting in an individual receiving services experiencing significant impairment to physical, mental, or emotional health; substantial physical, mental, or emotional distress as identified by an appropriate medical professional; or be of such a serious nature a reasonable person would consider it causing significant impairment to the physical, mental or emotional health of the victim.

- Ⓐ a. Verbal/emotional abuse
- Ⓑ b. Physical abuse
- Ⓒ c. Sexual abuse
- Ⓓ d. Neglect
- Ⓔ e. Exploitation

3. Which of these is a form of physical abuse?

- Ⓐ a. Accidentally failing to follow dietary restrictions
- Ⓑ b. Intentionally grabbing someone with a visual impairment to scare them
- Ⓒ c. Gentle physical handling
- Ⓓ d. Intentionally bathing a person in very hot water
- Ⓔ e. Both b and d
- Ⓕ f. None of the above

4. Being neglectful could be:

- Ⓐ a. Making sure a person has air conditioning
- Ⓑ b. Not complying with the person's dietary restrictions
- Ⓒ c. Making sure the person has access to necessary medical equipment
- Ⓓ d. Not reporting to the Department of Family and Protective Services (DFPS) when the person shares that they have been a victim of ANE
- Ⓔ e. Both B and D

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5. People with disabilities have the right to be free from ANE.

True

False

6. Screaming and yelling can be abuse.

True

False

7. Using medication in a way that is not prescribed by the physician for the convenience of the caregiver is a form of abuse.

True

False

8. Locking a person away from others and preventing the person from leaving is a form of abuse.

True

False

9. Telling an individual that they are chubby to embarrass them or tease them is a form of verbal abuse.

True

False

10. \_\_\_\_\_ is defined as kissing, hugging, stroking, fondling, with sexual intent or engaging in sexual conduct or an obscene act with an individual receiving services; requesting, soliciting, or compelling an individual receiving services to engage in sexual conduct or an obscene act; or engaging in, displaying, requesting, soliciting or compelling another person to engage in an activity that is obscene in the presence of an individual receiving services; committing sexual exploitation or sexual assault.

a. Physical abuse

b. Sexual abuse

c. Neglect

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d. Exploitation

e. Verbal abuse

11. Anna tells her attendant that she needs to go to the bathroom. The attendant is cooking in the kitchen, and yells aggressively from the kitchen "Anna shut up!" The attendant walks past Anna again to get something from the bedroom, and Anna says she needs to go to the bathroom. The attendant is still busy and tells Anna to hold on and that she will help her when she is done. When the attendant is finally done cooking 30 minutes later, she finally comes back to Anna, who has already urinated in her brief. The attendant then says to Anna, "You're disgusting!" Anna is left sitting in her wheelchair in a soiled brief, while the attendant goes back to her cooking because Anna doesn't need to go to the bathroom anymore.

This scenario is best described as:

a. Sexual abuse

b. Neglect

c. Financial exploitation

d. Verbal abuse

e. Both B and D

12. Nina is an older adult who has cerebral palsy and lives in a group home with 3 other individuals. Nina must follow a low sodium diet as a means of controlling her blood pressure. At dinnertime, Nina explains to staff that she should not eat hot dogs and french fries because they are too high in sodium. A staff person tells Nina salt won't hurt her and that special diets are only for babies. She then tells Nina to go to her room and go to bed hungry so the other residents can eat in peace.

This scenario is best described as:

a. Sexual abuse

b. Neglect

c. Financial exploitation

d. Verbal abuse

e. Both B and D

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13. \_\_\_\_\_ is a negligent act or omission that caused physical or emotional injury or death to a person or placed a person at risk of physical or emotional injury or death.

- a. Verbal abuse
- b. Physical abuse
- c. Sexual abuse
- d. Neglect
- e. Exploitation

14. Failing to carry out a treatment for a person that was ordered by the doctor can be considered an instance of ANE.

- True
- False

15. \_\_\_\_\_ is defined as the illegal or improper act or process of using an individual receiving services or the resources of an individual receiving services for monetary or personal benefit, profit, or gain.

- a. Verbal abuse
- b. Physical abuse
- c. Sexual abuse
- d. Neglect
- e. Exploitation

16. An example of exploitation is:

- a. Protecting a person from scams, fraudulent, dishonest or unfair business practices or trades, or unwanted solicitations
- b. Making sure that the person is not required to perform staff member duties
- c. Using a person as a source of entertainment

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- Ⓒ d. Politely declining a valuable gift from a person
- Ⓒ e. None of the above

17. Which of the following are examples of restrictive interventions?

- Ⓒ a. Use of medication to calm a person down before a medical procedure
- Ⓒ b. Grabbing a person from behind to prevent them from running out into the street
- Ⓒ c. Limiting access to certain areas of the person's home
- Ⓒ d. Helmets to prevent self-injury
- Ⓒ e. All of the above

18. Joseph is a 32-year-old male with an intellectual disability who lived alone in an apartment with CFC PAS/HAB supports. Joseph was found unresponsive in his bed when staff entered to wake him up and get him ready for work. Joseph had high blood pressure that had been well controlled by medication for several years. Is this an unexplained (unusual) death?

- Ⓒ a. Yes
- Ⓒ b. No

19. Anna is a 67-year-old woman with uncontrolled diabetes which has resulted in organ failure. Anna lives with her younger sister. Anna's older sister, who also had diabetes died 2 years ago from a stroke. Anna is regularly admitted to the hospital to care for her condition. Anna's sister found Anna collapsed in her room last night and she was pronounced dead at the hospital this morning. Is this an unexplained (unusual) death?

- Ⓒ a. Yes
- Ⓒ b. No

20. Using the previous example about Anna, consider that Anna's younger sister was recently involved in an allegation of abuse against Anna. Based on this new information, could this be considered an unexplained (unusual) death?

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a. Yes

b. No

**21. If a person suddenly changes their banking practices or financial documents, there should be no suspicion of financial abuse.**

True

False

**22. A drastically decreased appetite and quick weight loss may be a sign of abuse.**

True

False

**23. What are some signs and symptoms of ANE?**

a. Unexplained signs of injury, including sprains and bruising

b. Dehydration, malnutrition, or weight loss

c. Frequent arguments and/or tensions between the person and their caregiver

d. Any change in behavior or personality

e. All of the above

**24. Jason is an older adult with an intellectual disability. He recently told his attendant that his checking account did not have enough money to cover his bills. His attendant began exploring and discovered a large withdrawal was made from his account during a time that one of his caregivers was running errands with Jason. Jason says he knows nothing about the withdrawal of funds. This scenario is best described as:**

a. Physical abuse

b. Neglect

c. Financial exploitation

d. All of the above

e. None of the above

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**25. Renee is an outspoken young lady, who loves to dance and who has been diagnosed with a developmental disability. Recently she's been crying a lot and when her attendant reminded her of the upcoming monthly dance she cried and left the room. Usually, Renee loves going to this dance every month. After the dance last month Renee complained that her boyfriend hurt her but the staff assumed they had just broken up again. This is a potential sign of:**

- a. Physical abuse
- b. Exploitation
- c. Sexual abuse
- d. A or C
- e. None of the above

**26. Which of the following could be a sign of abuse?**

- a. Withdrawn behavior or reluctance to be left alone with a person or people
- b. Running away and/or refusal to participate in physical activities
- c. Regressive behaviors depending on age such as thumb-sucking or bed-wetting
- d. Sexual knowledge, language, and/or behaviors that are unusual and inappropriate for their age
- e. All of the above

**27. Kelsey is a 32-year-old woman with cerebral palsy and an intellectual disability. Last month she began waking up every morning around 3 A.M. with nightmares and also began experiencing toileting accidents for the first time in many years. This is a potential sign of:**

- a. Physical abuse
- b. Sexual abuse

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- Ⓒ c. Trauma
- Ⓓ d. A medical issue
- Ⓔ e. All of the above

28. Which of the following are possible signs of trauma-related to abuse?

- Ⓒ a. Lack of interest in once enjoyable activities
- Ⓓ b. Sleep difficulties, including an increase in nightmares
- Ⓔ c. Uncontrollable anxiety, anger and/or depression
- Ⓕ d. Avoidance of specific people
- Ⓖ e. All of the above

29. Which is NOT a behavior of a person who may be committing abuse, neglect or exploitation?

- Ⓒ a. Socially isolating the person
- Ⓓ b. Completing necessary personal tasks
- Ⓔ c. Using the individual's vehicle, money, or other resources without consent
- Ⓕ d. Actions that suggest a devaluing and degrading attitude towards a person.
- Ⓖ e. All of the above

30. Who can be a perpetrator of ANE?

- Ⓒ a. A person's parent
- Ⓓ b. A person's grandparent

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- Ⓒ c. A stranger
- Ⓓ d. A person's doctor
- Ⓔ e. All of the above

**31. Staff who are under a lot of stress and are feeling burned out are less likely to abuse or neglect the persons in their care.**

- Ⓒ True
- Ⓓ False

**32. People with disabilities are four to ten times more likely to be abused than their peers without disabilities.**

- Ⓒ True
- Ⓓ False

**33. People with limited mobility or who are experiencing a significant decline in their physical functioning are at higher risk for ANE.**

- Ⓒ True
- Ⓓ False

**34. Peer-on-peer abuse among people with disabilities can be the result of insufficient staff oversight.**

- Ⓒ True
- Ⓓ False

**35. What is a risk factor for persons to be abused?**

- Ⓒ a. Being socially active within the community
- Ⓓ b. Strong communication skills
- Ⓔ c. Ability to do daily tasks independently

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d. Obtaining successful treatment for mental health conditions

e. None of the above

36. Which of the following are appropriate entities to report ANE to?

a. 911, in an emergency situation

b. DFPS Texas Abuse Hotline

c. A best friend

d. Both A and B

e. None of the above

37. The State of Texas requires anyone with suspicions to report suspected ANE.

True

False

38. Going online to the Department of Family and Protective Services (DFPS) Texas Abuse Hotline or calling the DFPS toll-free number are both ways to report ANE.

True

False

39. Thomas is a 54-year-old man who lives with his father in a duplex. Thomas' father provides paid care to Thomas in the evenings. This morning, Thomas had multiple large bruises on his face and body when he arrived at his day program. When you questioned him about it, he reluctantly told you that his father pushed him down the stairs when he was mad. Thomas will be returning home to his father this evening. What should you do?

a. Complete a report at <http://www.txabusehotline.org>

b. Call Texas Abuse Hotline 1-800-252-5400

c. A or B

40. You must report a suspicion of ANE, even if there is no absolute certainty ANE occurred.

True

False

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41. An employer must first report an incidence of ANE to HHSC in writing.

True

False

42. Helpful information to have on hand when reporting to DFPS can include the name, age, and address of the person receiving services.

True

False

43. Which of the following is a good way to document any concerns about ANE?

a. Keep written notes of what happened and the date it happened, including documenting any verbal conversations about any concerns.

b. Keep copies of any written documents filed reporting the ANE and any documents received from oversight agencies.

c. Take pictures of any suspected injuries, with consent from the person to do so.

d. Take the person to the doctor to document injuries related to ANE.

e. All of the above

44. It is important for staff to create a trusting relationship with a person so they will be more likely to know if ANE has occurred.

True

False

45. Teaching persons accurate names for body parts can help them report sexual abuse.

True

False

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46. Having other supportive adults in a person's life besides parents and caregivers, who can identify abuse and report it is one way to prevent ANE.

True

False

47. Teamwork can reduce stress and decrease the risk of ANE.

True

False

48. Little "t" traumas are no big deal, especially when compared to Big "T" traumas.

True

False

49. People typically exhibit challenging behavior when they want to make you mad or make your day more difficult.

True

False

50. Trauma is:

a. An emotional response

b. Unfortunate, but not important to my work

c. Based on the person's experiences

d. An overreaction to an event

e. Both A and C